

HEALTHY RELATIONSHIPS GROUP

Adult Group for Men & Women

Facilitated by: Michelle Hirschman, LCSW, CSAT

Length of Group: 12 Weeks

Day/Time: TBA

Starts: August/September '08

Where: 2001 S. Barrington Ave. #204
Los Angeles, Ca. 90025

Cost: \$300 p/month



- **Learn how to have a better and healthier relationship with yourself
- **A place to discuss challenges with relationships between family, friends, and significant others
- **Education on healthy dating, sexuality, codependency and boundaries
- **Learn how to communicate more clearly and directly to people in all aspects of your life.

Contact: Michelle Hirschman, LCSW, CSAT
310-281-8663
michelle@mysobercoach.com
www.mysobercoach.com