

Alexis Nicole Fernandez

IMF# 63839

Alexis.NicoleF@gmail.com

OBJECTIVE

To empower and educate individuals' in a strengths based and diverse environment.

SUMMARY OF QUALIFICATIONS

- 3 years experience with DMH paperwork.
- Knowledge and ability to function as a team, compile, organize, document, client assessments, interventions, techniques, treatment planning, and follow up.
- Possesses excellent verbal and written communication skills, provides quality internal and external customer service.
- Academic knowledge of DSM IV, psychotropic medications, clinical methods, and procedures.
- Ability to work with children, adolescents, and adults of various ethnic cultures and psychiatric disorders.

PSYCHIATRIC CLINICAL SOCIAL WORKER

Del Amo Hospital

(JULY 2009-PRESENT)

Torrance, California

- Works in an inpatient intensive treatment unit with severely mentally ill adults.
- Crisis management and life skills training with patients experience addiction and detox issues.
- Knowledge of the 5150/5250 processes with patients experiencing DTO, DTS, and GD symptoms.
- Provides group, individual, and family therapy.
- Performs psychosocial evaluations, diagnosis, treatment, and discharge planning.

MARRIAGE & FAMILY THERAPIST INTERN

AIDS PROJECT LOS ANGELES (APLA)

(SEPTEMBER 2008-SEPTEMBER 2009)

Los Angeles, California

- Individual based therapy with homosexual males diagnosed with HIV/AIDS experiencing sex and drug addiction.
- Utilizes Cognitive Behavioral and Psychodynamic Object Relations treatment approaches.
- Conducted assessments, diagnosis, psychoeducation, and treatment planning.

RESEARCH ASSOCIATE

UCLA Neuropsychiatric Institute

(SEPTEMBER 2007-SEPTEMBER 2009)

Westwood, California

- Psycho educational group therapist for Schizophrenic research study.
- Performs neuro-cognitive assessments (SCID I, SCID II, CAI, BPRS, SANS).
- Implements strategies for subject recruitment.

MENTAL HEALTH SPECIALIST I

StarView Community Services

(JANUARY 2007-OCTOBER 2007)

Torrance, California

- Home-based mental health specialist for Functional Family Therapy (FFT) program
- Individual and family therapy for clients with internalizing and externalizing behavioral disorders.
- Conducted intakes/ assessments, treatment plans, and case management.

CLINICIAN I

Southwest Behavioral Health Services (SBH)

(MARCH 2006-DECEMBER 2006)

Mesa, Arizona

- Performed clinical intake and psychosocial assessments.
- Provided Brief Solution Focused (BSF) therapy, crisis intervention, and clinical case management for individuals and families.
- Facilitated Child and Family Team (CFT) meetings, parenting and skill building groups.

BEHAVIOR COACH/CLINICAL LIAISON

Southwest Behavioral Health Services (SBH)

(MARCH 2006-AUGUST 2006)

Mesa, Arizona

- Developed behavioral plans and treatment plans geared toward individual needs.
- Facilitated life-skills, conflict resolution, anger management, and socialization skill sets to children, adolescents, and adults.
- Facilitated CFT meetings with allied agencies, schools, psychiatrists, and other participatory team members.

HISPANIC OUTREACH INTERNSHIP

(NOVEMBER 2005-SEPTEMBER 2006)

Planned Parenthood of Central & Northern Arizona

Phoenix, Arizona

- Experienced working with the Hispanic Outreach Manager in order to develop a volunteer organization, H.E.A.L (Health Education Alliance for Latinos).
- Educated the Hispanic community regarding teen pregnancy, domestic violence, and human sexuality issues.

HEALTH EDUCATOR

(AUGUST 2005-AUGUST 2006)

ASU Sexual Health and Wellness Promotions Office

Tempe, Arizona

- Facilitated sexual education seminars to the ASU community regarding STI's/HIV and safer sex, provided community with public sexual health research.

SEXUAL HEALTH EDUCATOR

(AUGUST 2002-DECEMBER 2006)

Planned Parenthood of Central & Northern Arizona (PPCNA)

Phoenix, Arizona

- Certified PPCNA health educator.
- Facilitated sexual health education regarding Birth Control, Pregnancy, Sexually Transmitted Infections, Safer Sex, and Healthy Relationships.

EDUCATION

M.A. CLINICAL PSYCHOLOGY/MARRIAGE & FAMILY THERAPY (MFT)

Pepperdine University

(JANUARY 2007-JUNE 2009)

Los Angeles, California

B.A. PSYCHOLOGY

Arizona State University

(AUGUST 2001-MAY 2006)

Tempe, Arizona

B.S. FAMILY HUMAN DEVELOPMENT

Arizona State University

(AUGUST 2001-MAY 2006)

Tempe, Arizona

**** References available upon request.**